### Introduction

- The rise of short video applications (SVAs) in the digital media landscape has had a significant impact on the cognitive processes and attention spans of Generation Z users.
- Our lit review looks at the effects of SVAs on digital learning and attentional shifts, specifically examining the relationship between SVAs and the cognitive behavior of Generation Z.
- Our research aims to uncover the nuances of digital learning and explore how these changes affect the overall learning experience, taking into account the unique preferences and characteristics of Generation in their digital interactions.



## Background

Our literature review will revolve around three main themes:

- 1. Explore the impact of SVA on cognitive functions and attention spans.
- 2. Delve into Gen Z's preference for multi-modal learning.
- 3. Examine the role of user-generated content in promoting social learning and community building.









### Theme: 01

### **Cognitive and Attentional**

### Shift in Obsessive SVA Users

### **Theme 1: Cognitive and Attentional Shift**

Key Takeaways:

- Short video applications (SVA), like Tik Tok, can negatively impact Generation Z, specifically influencing cognitive functioning and attention, prospective memory, and academic delay of gratification
- Social media use and media consumption patterns in Gen Z contribute to a cognitive and attentional shift within the generation

Aspect #1	Aspect #2	Aspect #3
Ubiquity of smartphones & affordance of social media	Media Consumption Patterns of Generation Z	Impact of SVA on Generation Z



# Aspect #1: Ubiquity of smartphones & affordance of social media

- Technology is integral to Gen Z, they have never experienced a world without smartphones, social media, and the internet
- Social Media offers many features that allows users to perform certain behaviors







## Aspect #2: Media Consumption Patterns of Generation Z

- 80% + of Gen Z users are actively involved in producing, interacting, and consuming photos and videos on social media through smartphones
- 50% of Gen Z spends more than nine hours daily on smartphones





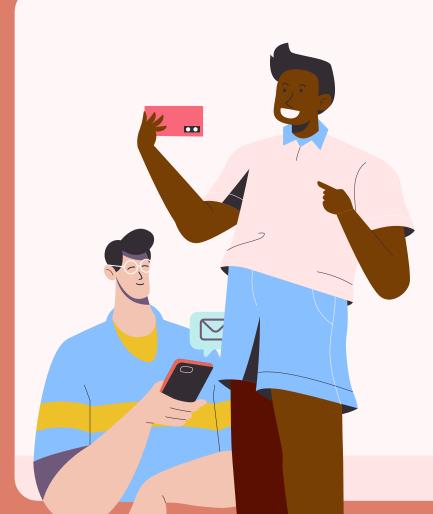


### Aspect #3: Impact of SVA on Generation Z

- Media consumption patterns of Gen Z, social media, and smartphone may negatively alter cognitive and attentive patterns
- Obsessive SVA users tend to have worse sleeping patterns and academic performance









### Gen Z and Multimodal learning Preferences



### Theme 2: Gen Z and Multimodal learning Preferences

#### Key Takeaways:

- Generation Z favors hands-on, multimodal learning, summarizing swiftly using emojis and concise language. They leverage social media platforms like TikTok, Instagram, and YouTube for learning and digital references
- They prefer digital educational materials for their accessibility across devices, promoting collaboration, idea-sharing, and rapid learning within the generation

Aspect #1	Aspect #2
Digital literacy and informal learning for creative expression	Utilization and interaction with digital assets



## Aspect #1: Digital literacy and informal learning for creative expression

- Gen Z leverages platforms like TikTok and Instagram Reels beyond entertainment, fostering digital literacy and creative expression
- Daily engagement involves storytelling, mastering video editing, and decoding audience preferences, forming an organic crash course in digital literacy within their online routines.







## Aspect #2: Utilization and interaction with digital assets

- Gen Z's reading habits highlight extensive use of digital libraries, but accessing these resources poses a knowledge gap. Many non-users cite a lack of understanding about accessing digital library resources
- Contrary to assumptions, Gen Z's actively engaged in reading. They acquire an average of one ebook, one audiobook, and two print books monthly, evenly spread across formats and subscriptions







### Theme: 03

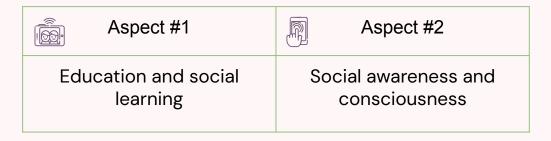
### UGC for Social Learning & Community Building



### Theme 1: User–Generated Content for Social Learning and Community Building

Key Takeaways:

- For Gen Z, SVA platforms contribute to the promotion of interactive educational content and social awareness
- SVAs create an environment for social learning and community building







### Aspect #1: Education and social learning

- User-generated content (UGC) on platforms like Tik Tok and YouTube is popular among Gen Z and is a powerful tool for promoting education and fostering social learning
- A positive aspect of SVA in enriching the online learning experience of Generation Z







### Aspect #2: Social awareness and consciousness

- Short video platforms, including TikTok, play a pivotal role in fostering communities, activism, and discussions within Generation Z
- Gen Z's social consciousness drives a preference for purpose-driven content on SVAs
  - spaces for addressing societal issues
  - amplifying movements like #BlackLivesMatter





# Research Questions





### **Motivation for Research:**

- Outliers in theme 1's paper
- Studies are done in different locations
  - Cultural differences
  - Studies seem to provide contradictory findings
- What are they watching and how may this contribute to academic performance?





#### **Research Question:**

Our investigation aims to explore the cultural and behavioral differences between academically successful and struggling Generation Z students who frequently use short video applications (SVA).

Specifically, we seek to understand the various purposes for which they use SVAs.







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### **Recruitment Process:**

- 1. Goals:
  - Recruit 120 Gen Z students
    - Ongoing recruitment
    - Diversity in participants
      - Race, gender, class, age
  - 50/50 split on academically excelling students and academically struggling students
- 2. Participant Criteria:
  - Generation Z students with a high level of SVA usage (3 hours + a day)
  - U.S. students
  - Academic excelling: 3.5 + GPA
  - Academic struggling: 2.5 GPA below average



#### **Recruitment process:**

- 3. Participant Incentive:
  - Observational study:
    - a. \$100 for two weeks; \$200 for a month
    - b. Course Credit
  - Semi structured Interview: \$25

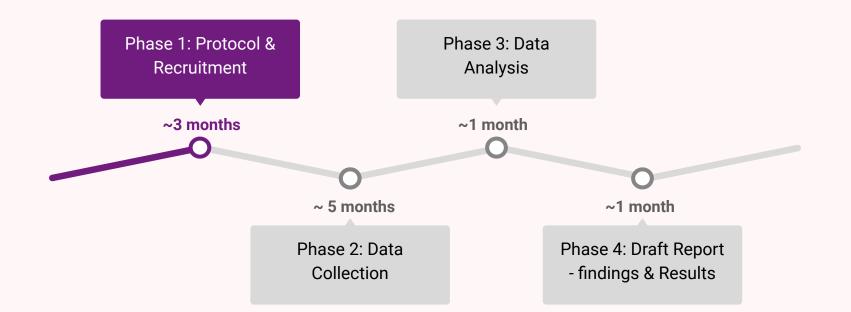
- 4. Recruitment Marketing:
  - Working directly with Schools and Colleges
  - Social Media Ads
    - IG, TikTok, YouTube, Snapchat





#### **Project Roadmap**







### **Recruitment Screening Survey Design:**

- Self -administered questionnaire to gather demographic information
  - a. academic performance
  - b. SVA usage
  - c. race, gender, class, age

In the questionnaire:

- Define the study and key terms
- Explain benefits and design of study
  - a. The responsibilities of the participants
  - b. The incentives







### 1) Qualitative Research: Observational Study

- Utilize a screen recording tools to monitor participant behavior with SVAs
- Utilize app usage trackers to record the duration of SVA usage

Goal:

- Explore what kind of content and SVA participants are engaging with the most
  - a. time of day consumption and patterns
  - b. (e.g., entertainment, educational content, social interaction)







## 2) Qualitative Research: Semi –Structured interviews

After observational study:

- Target a subset of participants to gain qualitative insights into their cultural perceptions of SVAs and academic behaviors
  - a. Select a representative sample of participants reflecting participant recruitment criteria
  - b. 50/50 split between two research groups
- Understand participants' attitudes and cultural beliefs towards the impact of SVAs on their academic performance
- Get insight on their mental and social well being
- Over zoom: 30 minutes each





### What we hope to find in the results:



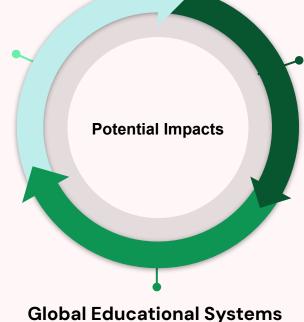
- Patterns and trends in the SVA content that the two research groups most engage with
  - Looking at educational content, social justice, entertainment, social interaction etc.
- Identifying trends in time of day, participants most engage with SVA
  - Day vs night usage
- Exploring if class, race, gender, age contribute to the results of the study
- How SVA educational content is consumed and delivered



#### Impact:

#### Enhancing Digital Literacy

- Educators and Curriculum Designers
- Generation Z and Alpha
- Parents



#### **Digital Social Dynamics**

- Tech Developers & designers + researchers
- Content Creators



• Policy Makers in Education

### Limitations:



01	Methodology	• Observational Study may make students feel nervous thus not being their authentic selves
02	Recruitment Process	<ul> <li>May be hard to recruit students</li> <li>Students may worry about their privacy and data</li> </ul>
03	Resource Constraints	<ul><li>Funding</li><li>Time</li><li>Access to technology</li></ul>
04	Research Scope	<ul> <li>Participant Commitment and adaptability</li> <li>Study may be too broad since Gen Z ranges in age, grade, etc.</li> </ul>



# **THANKS!**

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